

5 WAYS YOU CAN SUPPORT BVWHC

- 1.** Join our “Circle of Sustainers” by making a recurring **monthly donation**.
- 2.** Spread the word that we provide **hormone therapy for trans and gender-nonconforming adults**, regardless of insurance status.
- 3.** Become a patient at our **clinics located in Longmont and Boulder**, and encourage others to do the same.
- 4.** Learn about the variety of **LGBTQ-inclusive clinical and educational services** we provide by visiting our website at boulderwomenshealth.org.
- 5.** Advocate for **access to reproductive and sexual health** services in our community.

