



**2016 Action
Steps
Northern
Colorado
OLOC
Chapter**

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- 1. Speak out and take a stand to challenge ageism, racism, classism, ableism, sexism, homophobia, transphobia, Lesbophobia and religious intolerance within yourself and with others every time you see it.**
- 2. Help Old Lesbians fight off isolation. Often Old Lesbians don't have children or family support systems, so do what you can to provide social interaction. Invite an Old Lesbian to dinner.**
- 3. Help Old Lesbians live openly by honoring their life choices. Often Old Lesbians have to go back in the closet when they enter retirement communities, nursing homes and hospitals. Do what you can to create awareness and acceptance within your community of influence.**
- 4. Listen to Old Lesbian voices and the stories of their struggles against homophobia and discrimination. Ask about the three pieces of clothing laws.**
- 5. Champion affordable housing for Old Lesbians. Female earnings are statistically lower than their male counterparts which often results in lower savings for retirement. Be aware: Most Old Lesbians have been fiercely independent and are unused to either asking for help or taking it when offered.**